

TRIPOLI UNIVERSITY FACULTY OF AGRICULTURE  
DEPARTMENT OF HOME ECONOMICS  
TRIPOLI-LIBYA

Date: February 27, 2018

**Laila J Gashut**

**GENERAL INFORMATION**

Home Address: P.O BOX: 9422  
Soak Al-Guma  
Tripoli, Libya

Office Address: University of Tripoli  
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Tripoli, Libya

Email Address: [Lailag6@yahoo.com](mailto:Lailag6@yahoo.com)

Birth date: March 15 1955

**LANGUAGES** Arabic ((Fluent), English (Fluent), Turkish (very good)

**EDUCATION**

1972 Highland Park High School, New Jersey U.S.A

1974-1979 College of Agriculture Department of Home Economics Child  
Development and Family Relations, Foods and Nutrition.  
University of Arkansas, Bachelor

**POST-GRADUATE TRAINING**

1979-1981 Child Development, foods, and Nutrition. University of  
Arkansas, USA, Master of Science

1985-1991 Department of Public health. Hacettepe University Ankara-  
Turkey, Doctor of philosophy in public health.

**ACADEMIC APPOINTMENTS**

2010-2013	Director of Graduate Studies. Tripoli University Faculty of Agriculture
2008-present	Professor, Department of Home Economics. Tripoli University Faculty of Agriculture.
2004-2008	Associate Professor, Department of Home Economics. Tripoli University Faculty of Agriculture
1999-2004	Director of Academic Studies and Examination Management. Tripoli University Faculty of Agriculture
1998-2006	Director of Graduate Studies, Tripoli University Faculty of Agriculture
1997-2004	Assistant Professor, Department of Home Economics. Tripoli University Faculty of Agriculture
1991-1997	Instructor, Department of Home Economics. Tripoli University Faculty of Agriculture
1991-1993	Department Chair, Department of Home Economics. Tripoli University Faculty of Agriculture
1983-1985	Department Chair, Department of Home Economics. Tripoli University Faculty of Agriculture
1981- 1985	Teaching Assistant, Department of Home Economics. Tripoli University Faculty of Agriculture

**TEACHING ACTIVITY**

Department of Home Economics. Tripoli University Faculty of Agriculture

Undergraduate:

1991-present	HE2213 Basic Nutrition (3 contact hours)
	HE4213 Mother and Child Nutrition (3 contact hours)
	HE4233 Nutrition in the life Cycle (3 contact hours)
	HE4223 Therapeutical Nutrition (3 contact hours)
	HE Geriatric Nutrition (3 contact hours)

HE2223 Food Selection and Preparation (3 contact hours)  
HE3243 Community Nutrition (3 contact hours)

Postgraduate:

2007-present

HE4123 Nutrition for Special Groups (3 contact hours)  
HE4173 Advanced Nutrition (3 contact hours)  
HE4193 Applied Therapeutical Nutrition (3 contact hours)

College of High Institute for Nursing

2001-2004            Lecturer, Basic and Therapeutic Nutrition and General Health

College of Medical Technology - Dental Technology

2001-2004            Lecturer, General Health

College of Medical Technology - Physical Therapy

2001-2004            Lecturer, Basic and Therapeutic Nutrition

**Professional and Scientific Societies**

1975-1981            La lecha league Fayetteville Ark. U.S.A.  
1975-1981            Home Economic club.  
1994                   Organizer for the International Conference held in Libya in 1994  
Women and Development.  
1994-1998            Member of Science Committee for Libyan women.  
1999-2002            NGO High Commission of Refugees UN Libya

**SPEAKING ENGAGEMENT**

2014                   Presenter, Dietary Management in Celiac disease and Gluten  
Sensitivity, Health Education Center  
2010                   Presenter, Dietary Management with Phenylketonuria (PKU),  
Health Education Center

## RESEARCH AND CREATIVE PRODUCTIVITY

### Publications:

1. Factors Effecting Prenatal Infant Mortality in Eti Masgut-District, Ankara Turkey 1991
2. The Effect of Nutritional Education on School Children. Journal of AGRI. University of AL-Fatah vol .(4) 2003
3. The Effects of Dioxin J.AGRI, University of Sabha, vol (2) 2004
4. Patterns and Distribution of Traditional foods in Libya J.AGRI University of Sabha, vol. 2.2004.
5. Nutrition Country Profile (FAO) 2005
6. Draft Strategy for National Agriculture and Food Security
7. Development for Libya Horizon 2015 (FAO).
8. Dietary Data and Food Habits of Children Before Complete Weaning in Tripoli Libya Journal of Home Economics-Minufiya University Vol (16)No(3)July-September 2006
9. Dietary, health and Social Factors Related to obesity in Tripoli Libya. Turkish Journal of nutrition and Dietetics vol(35) 2007
10. Food Habits and Dietary intake of Male Workers in Tripoli Libya. Journal of Home Economics-Minufiya University Vol.(17)No:(3) 2007

### Textbook Publications:

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|------|---|
| 2000 | Nutrition During Pregnancy, Lactation, and Childhood (304 pages)<br>Publisher of Tripoli University ( <b>LJ Gashut author</b> ) |
| 2008 | Nutrition in Health and Disease, (403 Pages) Publisher of Tripoli University. ( <b>LJ Gashut author</b> )                       |

**Abstract**

1. Effect of Different Levels of Virgin Olive Oil on Blood Lipids and Antioxidant in Mice, pending publication.
2. Effect of consumption of Fenugreek seed powder on Biochemical measurement for Patient with type 2 Diabetes Mellitus, Journal of AGR 2016.
3. Evaluation of the Nutritional Statuses of Children with Gluten Sensitivity in the City of Tripoli, under publication.
4. Study of the effect of fasting the month of Ramadan on some biochemical and physical measurement of health people.

**SCIENTIFIC MEETINGS**

## International:

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| 2008 | FAO International Conference Regional Course on production and Use of Food Composition Data in Nutrition, Tehran, Iran       |
| 2006 | WHO Regional Training Work Shop to Develop National Capacity in Nutrition Planning and Policy Formulation, EMRO Cairo- Egypt |
| 2006 | The Tenth Arab Conference of Home Economics, Minufiya University - Egypt   |
| 2000 | UNHCR Work Shop, Training of Trainers in People-Oriented Planning (gender equality) Lebanon                                  |