

# CV

**Name: Adel Alkouni Ahmed Albai**

**Nationality: Libyan**

**Date of Birth: 1960**

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## **Scientific certificates:**

- Licence of Arts and Education in Psychology / College of Education / University of Tripoli (Al-Fateh previously) / Libya / 1986.
- Special Diploma in Educational Psychology / College of Education / University of Tripoli (formerly Al-Fateh) / Libya 1989.
- Master of Psychology (locus of control and its relationship to extraversion, neuroticism, and self-esteem among a sample of students from the College of Education,( Al-Fateh University) College of Education / University of Tripoli (formerly Al-Fateh) / Libya 1996.
- Doctor of Mental Health and Counseling Special needs (Diagnosis of hyperactivity disorder based on reading the ADRA2A gene with the use of a training program to reduce it and its effect on the adaptive behavior of a sample of mentally retarded children (able for learning) in Libya) Institute for Arab Research and Studies / Cairo / Egypt 2009.

## **Experiences:**

### **Job experiences:**

- Teaching Assistant, Department of Psychology / College of Education / University of Tripoli (Al-Fateh previously) / Libya / 1987.
- Assistant Lecturer, Department of Psychology / College of Education / University of Tripoli (Al-Fateh previously) / Libya / 1996.

- Vice Dean of the Faculty of Arts / University of Tripoli (Al-Fateh previously) / Libya / 2001.
- Assistant Professor, Department of Counseling and Psychotherapy / Faculty of Arts / University of Tripoli (Al-Fateh previously) / Libya / 2011.
- Head of the Counseling and Psychotherapy Department / University of Tripoli (Al-Fateh previously) / Libya / from 2016 to 2018.
- Full Professor, Department of Counseling and Psychotherapy / College of Arts / University of Tripoli (Al-Fateh previously) / Libya / 2020.

### **Teaching Experiences:**

#### **Teaching the following courses:**

General Psychology - Personality Theories - Gay Psychology - Mental Health - Clinical Psychology - Neurotic (psychological) disorders - Psychotic (mental) disorders. Mental retardation - Case study techniques - Behavior modification methods - Clinical studies - Practical applications in psychotherapy - Behavior modification techniques - Behavior theories - Extraordinary psychology - Psychotherapy readings - Criminal Psychology- Political psychology

### **Language:**

**English (very good)**

### **Professional experiences:**

- Member of the Committee on Scholarships Abroad in Scholarships Administration (Formerly).
- Member of the Management Committee of the Center for Educational and Psychological Research / College of Education / University of Tripoli (formerly Al-Fateh).
- Chairman of the General Committee for standardizing Psychological Tests and Measures / Social Solidarity Fund / Libya.

- Member of the Committee to evaluate the performance of the Social Solidarity Fund / Libya.
- The psychological counselor of the Al-Sanad Group of Companies.
- General Director of the Asarya Center for Mental Health / Libya.
- psychotherapist at Asarya Center for Mental Health.
- Consultant (non-resident) at Abu Dhabi Autism Center / United Arab Emirates.
- Psychological counselor at the Tripoli Center for People with Disabilities / Libya
- founding member of the Libyan Society for Biotechnology.
- founding member of the Libyan Association for Psychological Sciences.
- Member of the Egyptian Society for Biotechnology.
- Member of the Libyan Society for Mental Health.
- Member of the American Association of Children with ADHD.
- Member of the Libyan Autism Society.
- Member of the Arab Union of Bloggers.
- writers in electronic journalism.
- General Supervisor of preparing training courses for psychologists and social workers in the General Authority of the Social Solidarity Fund / Libya. (Previously).
- Chairman of the Committee for Psychological Support for Mothers Affected by HIV / AIDS / Center for Disease Control / Libya.
- Chairman of the Committee for Psychological Support for Mothers Affected by HIV / AIDS of the European Union / Libya.
- member of the committee for integrating people with special needs in the (formerly) Social Solidarity Fund / Libya.

### **Training and qualification:**

- ABA courses for treating autism / University of Nevada / America.
- Training courses in behavior modification / Egypt.
- Courses in (DNA) Faculty of Science Ain Shams University / Egypt.

- Two courses in (PCR), Faculty of Science, Ain Shams University / Egypt.
- Training courses in rational emotional therapy / Egypt.
- courses in the use of psychodrama in the treatment and response to some mental disorders in children / Egypt.
- courses in cognitive behavioral therapy (CBT) / Egypt.
- Training of psychologists at the General Authority of the Social Solidarity Fund in the following areas:
  - Behavior modification (4) training courses in Tripoli and Benghazi.
  - Psychological diagnosis, part 1, (4) training courses in Tripoli and Benghazi.
  - Psychological diagnosis, part two (4), training courses in Tripoli and Benghazi.
  - Integrated Diagnosis of Developmental Disorders and - Mental Impairment (6) training courses in Tripoli and Misurata.
  - Preparing and implementing training courses for psychologists at the Research, Consulting and Training Center at the University of Tripoli in the following areas:
    - Behavior modification (4) training courses.
    - Integrated diagnosis of developmental disorders and mental deficiency (3) training courses.
    - Diagnosis of neurotic and psychotic disorders (2) two training sessions.
  - Training a group of psychologists, social workers, nurses and doctors working in Ministry of Health hospitals in the following areas:
    - Psychological support for AIDS patients (sixteen training courses)
    - Strategies for dealing with AIDS (twelve training courses).
    - Preparing and implementing a training course to treat excessive movement of autistic children at the Abu Dhabi Autism Center.
    - Preparing and implementing training courses on facing stress for mothers of children with special needs / Tripoli Center for People with Disabilities.

**Books:**

- Readings in methodology published in Dar Al-Nahr, Libya, 2009.
- Clinical interview (under publication).
- Mental retardation (under publication).

**Researches:**

- Mental deficiency and problematic diagnosis.
- The effectiveness of an activity-based recreational program to develop the quality of life among the elderly in Tripoli.
- Psychological disorders related to Internet addiction among students of the Faculty of Physical Education and Sports Sciences at the University of Tripoli (formerly Al-Fateh).
- Social support and its relationship to self-concept among mothers of mentally retarded children who are able to learn in Tripoli
- The teacher and his role in discovering talented people in Libya.
- Hyperactivity disorder. -
- Genetic origins of hyperactivity disorder.
- The effectiveness of the symbolic reinforcement and modeling methods in reducing the severity of ADHD in a sample of autistic children.
- The level of psychological anxiety among teachers of autistic children.
- The effectiveness of a treatment program to reduce the severity of ADHD in a sample of displaced children from Tawergha in Tripoli.
- Measuring the level of anxiety of a sample of mothers of mentally retarded children in the Tripoli Center for the Disabled.
- Professional and ethical standards for the university professor.

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